



19th International “Loulé Cup” Competition
Loulé, Portugal
08th to 10th October 2026
JUN and SEN



DIRECTIVES

Event ID: 18627

Dear FIG, Affiliated Member Federation,

Following the decision of the FIG Presidential Commission, the **Portuguese Gymnastics Federation** has the pleasure to invite your Federation to participate in the aforementioned official FIG International event. Please find herein below the Invitation letter and the directives:

DISCIPLINE	Trampoline Double Mini-Trampoline Tumbling
HOST FEDERATION	Federação de Ginástica de Portugal Estrada da Luz, nº 30A 1600-159 Lisboa / Portugal Tel: +351 21 814 1145 Fax: +351 21 814 2950 e-mail: federacao@ginastica.org / teresa.loureiro@ginastica.org website: www.ginastica.org
LOCAL ORGANIZING COMMITTEE	APAGL - Loulé Cup Rua da Marroquia, 30 8100-684 Loulé, Portugal Technical Director: Fábio Viegas/Rute Simão LOC: Marta Martins / Paulo Dias Mobile: +351 932895679 / +351 965553566 E-mail: loulecup.apagl@gmail.com Website: www.apagl.pt
LOCATION	Loulé Municipal Sport Centre Professor Joaquim Vairinhos 8100-760 Loulé – Portugal
DATE	08th to 10th October 2026
VENUE	Loulé Municipal Sport Centre Professor Joaquim Vairinhos 8100-760 Loulé – Portugal
APPARATUS SUPPLIED	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, with the exceptions foreseen in the present regulation. • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules

Loulé Cup – www.apagl.pt
e-mail : loulecup.apagl@gmail.com



	• Policy and Procedures for Safeguarding and Protecting Participants in gymnastics • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Organization of FIG Competitions and Events • Media Guidelines • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Rules for Advertising and Publicity • Rules for Awards Ceremonies • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i> <u>SPECIFIC RULES</u> Individual Trampoline, Double Mini-Trampoline and Tumbling 15-16 - Following 15-16 WAGC rules 17+ - Following FIG Senior rules
PROVISIONAL SCHEDULE	Wednesday, 7th October All Day – Arrival of Delegations. Free training – 10:00 – 22:00 Thursday, 8th October Free training – 08:00 – 10:00 Handing of competition cards Head of Delegation Meeting TR, DMT and TU Judges Meeting Qualifying Rounds – TRI/DMT/TUM Friday, 9th October Qualifying Rounds – TRI/DMT/TUM Saturday, 10th October Individual Finals – TRI/DMT/TUM 21:00 – Banquet and Final Party Sunday, 11th October All day – Departure of Delegations
FEDERATIONS INVITED	Loulé Cup is an international event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations.
AGE LIMITS	Individual Trampoline * Double Mini Trampoline * Tumbling Junior: as per FIG Technical Regulations Senior: as per FIG Technical Regulations All gymnasts must have a valid FIG licence, until the end of the event.
ENTRY FEES	The cost for the entry fees is as follows: • One apparatus: 20€ (twenty euros); • Two apparatus: 30€ (thirty euros); • Three apparatus: 40€ (forty euros). Entries will be considered on a first come first served basis.



EVENT FORMAT	Each gymnast can only participate in one group in each apparatus. Difficulty limits as in FIG Code of Points Q1 – Individual (all apparatus): Junior (Male/Female) – in accordance with FIG Junior/WAGC Rules as per FIG in valid Code of Points. Senior (Male / Female) – in accordance with FIG Senior Rules as per FIG in valid Code of Points Q2 – Individual (all apparatus): Only in Senior (Male/Female) competition, in accordance with FIG code of points FINALS – Individual: F1 – Individual Trampoline / F1+F2 – Individual Double Mini Trampoline and Tumbling Junior and Senior (Male/Female) - In accordance with FIG code of points In case of less than 8 competitors, all of them will go to the finals. Though, no competitor will go through to the next competition phase without participating in the respecting qualification rounds or having DNF or DSQ as a final score. All Finals starts from zero. Tie-breaking rules as per FIG TR. TEAM competition Team Competition format will be defined in the Workplan but includes all ages and apparatus.
INSURANCE	The Host Federation, the LOC and World Gymnastics will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences. In accordance with the FIG technical regulations, all participating federations are responsible for ensuring that all delegation members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay. It is mandatory that delegation members are covered by basic insurance (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the FIG IMSSA subsidiary insurance. For detailed information regarding the FIG IMSSA insurance for athletes and judges, please refer to: https://www.gymnastics.sport/site/pages/medical-insurance.php The LOC will verify insurance coverage upon arrival. Each Delegation must present either a cover note or a photocopy of the valid insurance policy. The policy must be valid starting from the day of arrival and must remain valid for the entire duration of the stay. If a Federation cannot provide proof of valid insurance, the LOC will offer insurance coverage at the Federation's own expense, at a cost of: 50€ per person/day.
SAFEGUARDING	From the official day of arrival until the official day of departure, all participants — including gymnasts, coaches, judges, and other Delegation Members — will have the possibility to contact the LOC Safeguarding Officer by phone or email in case of: • Harassment • Abuse of any kind • Any situation where they feel uncomfortable or unsafe The contact information for the LOC Safeguarding Officer will be provided to all Delegations upon arrival on site.



	As part of the FIG's commitment to athlete welfare and youth protection, posters of the "10 Golden Rules of Gymnastics", part of the FIG's awareness campaign, must be clearly displayed in several key areas, including: • Training Halls • Warm-Up Areas • Public Zones These measures are in place to ensure a safe, respectful, and supportive environment for all participants throughout the event.																				
ACCREDITATION	Delegation accreditation will take place upon arrival. For accreditation, Heads of the Delegations are required to bring the following documents: - Passports of all members of the delegation; - Proof of total payments; - Proof of medical insurances. All financial obligations must be fulfilled before arrival or during the accreditation. Accreditation card is personal for each of the delegation members. Accreditation card wearing is required at all times of the tournament. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan. NOTE: <i>The Organizing Committee will be responsible for checking the validity of the gymnast' Licenses.</i> No gymnasts will be accepted without a valid FIG License until the end of the event.																				
JUDGES AND JURIES	All judges must have a current valid FIG brevet until the end of the event, and in the respective discipline. It is compulsory that the participating Delegations bring 1 (one) judge with FIG judges brevet for every 8 competitors. 1-8 = 1 Judge 9-16 = 2 Judges 17-24 = 3 Judges 25 or more = 4 Judges The Clubs, Associations or Federations that present less judges than required by the established rules will be penalized with the payment of a fee of 50€/gymnast (Fifty Euros per gymnast) for each missing judge according to the previous threshold (e.g. if only one FIG judge is indicated for 11 competitors, a fee of 150€ will be due). The non-payment of the penalty will imply the non-participation in the event of the respective competitors. All the judges indicated by the respective Clubs, Associations and Federations to the organization, will have to be present at the respective judges' meetings and must remain available during all competition days. Note that judges penalties will still be due in case judges are either not fully available throughout the three competition days or fail to be present at one of the sessions they are indicated to judge. Note: Transport, accommodation, and meals of the judges of each delegation are of the respective delegations' responsibility.																				
PRIZE MONEY	The Organisers established PRIZE MONEY for the first three qualified in the Individual Senior (male and female) competition in TRI, DMT and TUM, and for the first qualified in TRI, DMT and TUM Teams (male and female) as follows: <table><tr><td></td><td>TRI</td><td>DMT</td><td>TUM</td><td>TRI / DMT / TUM TEAMS</td></tr><tr><td>1st Place</td><td>300€</td><td>300€</td><td>300€</td><td>400€</td></tr><tr><td>2nd Place</td><td>150€</td><td>150€</td><td>150€</td><td></td></tr><tr><td>3rd Place</td><td>100€</td><td>100€</td><td>100€</td><td></td></tr></table> Grand Total: 5.700,00€		TRI	DMT	TUM	TRI / DMT / TUM TEAMS	1st Place	300€	300€	300€	400€	2nd Place	150€	150€	150€		3rd Place	100€	100€	100€	
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	The PRIZE MONEY will only be attributed to each class/category if there are at least 8 (eight) effective participants in the competition. The prize money should be collected from the LOC until the end of the competition. If a prize money is not claimed 1 hour and half before the beginning of the farewell dinner (7h30pm, 10th October), it will no longer be due and will revert to the LouleCup LOC. The 1st, 2nd and 3rd places in each single event will receive a medal. OBS: Less than 350 participants – no prize money will be awarded.																																															
BANK ACCOUNT INFORMATION	All payments must be made in euros, through bank transfer, to the following account: Account Name: ASSOCIACAO PAIS AMIGOS GINASTICA LOULE Bank: CAIXA GERAL DEPOSITOS Agency: LOULE IBAN: PT50 0035 0399 00066945730 10 BIC/SWIFT: CGDIPTPL Reference: Loulé Cup 2026 (followed by the name of the Club, Association or Federation) Important Notes: 1. All fees relating to the bank transfers are of the responsibility of the participating delegations. 2. Until payment is made, entries will be considered as provisional, including accommodation and meals 3. Proof of payment must be sent, with the respective identification, to: loulecup.apagl@gmail.com																																															
VISA	If any delegation requires a Special Declaration/Invitation to obtain Visas for entry in Portugal, please refer to the attached visa form or find it in our websit and send by e-mail (loulecup.apagl@gmail.com) as soon as possible.																																															
WORKPLAN	Detailed information about the competition will be sent to participating delegations by mid-September.																																															
INTERNATIONAL TRANSPORTATION	The members of the invited delegations must pay for their international transportation.																																															
ACCOMMODATION, MEALS and LOCAL TRANSPORTATION	The Organisers will arrange, at a determined fee, accommodation and meals (from 07th October to 11th October). The costs (Package A and B) are per person/night and include: - Room - Breakfast (Hotel) + lunch + dinner - Banquet and Final Party - Transportation from either Faro Airport or Loulé Railway station to the competition venue or hotel and back - Transportation from the hotel to the competition venue and back. A – HOTEL**** OR BEDROOM VILLA**** 5% Discont per person/night if Accommodation Form and Payment of the first 50% accommodation costs done until 31st may 2026. The costs in this hotel are as follows: <table><tr><td rowspan="2">Hotel****</td><td colspan="2">Single Room</td><td colspan="2">Double Room</td><td colspan="2">Triple Room</td></tr><tr><td colspan="2">240€</td><td colspan="2">210€</td><td colspan="2">190€</td></tr></table> The costs in this Bedroom Villa are as follows: <table><tr><td colspan="8">Bedroom Villa****</td></tr><tr><td colspan="2">One Bedroom Villa</td><td colspan="3">Two Bedroom Villa</td><td colspan="3">Tree Bedroom Villa (only two available)</td></tr><tr><td>1 Pax</td><td>2 Pax</td><td>2 Pax</td><td>3 Pax</td><td>4 Pax</td><td>3 Pax</td><td>4 Pax</td><td>5 Pax</td><td>6 Pax</td></tr><tr><td>240€</td><td>165€</td><td>200€</td><td>165€</td><td>150€</td><td>220€</td><td>190€</td><td>165€</td><td>150€</td></tr></table>	Hotel****	Single Room		Double Room		Triple Room		240€		210€		190€		Bedroom Villa****								One Bedroom Villa		Two Bedroom Villa			Tree Bedroom Villa (only two available)			1 Pax	2 Pax	2 Pax	3 Pax	4 Pax	3 Pax	4 Pax	5 Pax	6 Pax	240€	165€	200€	165€	150€	220€	190€	165€	150€
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ONLY MEALS	Meals can be purchased in advance until the nominative entries deadline for 14€/each (non-reimbursable) Meals acquired at accreditation will cost 17€/each (limited availability) Tickets for the Banquet and Final Party can be purchased in advance until the nominative entries deadline for 50€/each (non-reimbursable) Tickets acquired at accreditation will cost 60€/each (limited availability).														
CANCELLATION POLICY	Definitive entries will only be accepted with payment of 100% of the amount of the entries (amount not refundable if the competition takes place). Cancellation of accommodation after 30th August 2026 is not refundable. No gymnasts will be allowed to train or compete until accreditation is complete and all financial matters are settled and supported with the respective proof of payments.														
MARKETING	FIG advertising and publicity norms must be respected.														
SOCIAL MEDIA	The competition will be filmed and broadcasted in live streaming. All participants automatically consent the use of photos and videos to LOC. Home-page: www.apagl.pt Instagram: https://www.instagram.com/loulecup/														
MEDICAL SERVICES	The Organizing Committee will provide a first aid medical service and emergency medical transportation in the competition / training area during the whole competition.														
SERVICES	For additional services (special transfers, extra days accommodation etc) kindly do not hesitate to contact us.														
OFFICIAL HOSPITAL	Centro Hospitalar Universitário do Algarve - Hospital de Faro R. Leão Penedo 8000-386 Faro														
DEADLINES	All the forms are available in www.apagl.pt and must be sent to loulecup.apagl@gmail.com <table><tr><td>Early Definitive Registration (10% discount on the entries)</td><td>15th June 2026</td></tr><tr><td>Definitive Registration</td><td rowspan="4">15th July 2026</td></tr><tr><td>Accommodation Form</td></tr><tr><td>Payment of the Entry Fee</td></tr><tr><td>Payment of the accommodation costs (first 50%)</td></tr><tr><td>Nominal Registration</td><td rowspan="4">15th August 2026</td></tr><tr><td>Travel Schedule Form</td></tr><tr><td>Meals Form</td></tr><tr><td>Payment of the accommodation costs (last 50%)</td></tr><tr><td>Payment of the fine for missing judge</td><td></td></tr></table>	Early Definitive Registration (10% discount on the entries)	15th June 2026	Definitive Registration	15th July 2026	Accommodation Form	Payment of the Entry Fee	Payment of the accommodation costs (first 50%)	Nominal Registration	15th August 2026	Travel Schedule Form	Meals Form	Payment of the accommodation costs (last 50%)	Payment of the fine for missing judge	
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ADDITIONAL INFORMATION	Parallel Age Group Competition for: U13; 13-14.														



Sincerely Yours,

Place and date:
Lisboa, June 16th, 2026



Signature of the President of the
FIG affiliated NF